

Interested In Ice Hockey?

EGRAHA Has Learn to Skate & Play and Cross Ice Programs to Get You Started



Learn To Skate & Play Hockey

EGRAHA invites you to join our learn to skate and play program. This is a great way to introduce your child to the game and have fun. Basic skating instruction is offered in a fun format designed to incorporate games into building the basic skills needed to skate and play hockey.

Full gear is required to participate, including helmet with facemask, elbow and shin pads, gloves, stick and skates. EGRAHA is pleased to offer an assortment of used equipment for use by new players. Let us know what you need and we will help get you equipped.

Learn to skate sessions meet Saturday mornings from 9-10 am at Jolly Roger Ice Arena.

Session 1 - October 10 - November 21

Session 2 - November 28 - January 16

Session 3 - January 23 - March 6

Cost: \$110 each session or \$300 for all three

Register online at www.EGRAHA.org

If you have any question please call Paul LaGrand,
Learn to Skate Coach at (616) 821-6920,
paul@solidusdesign.com

Cross Ice Hockey

The Cross Ice program is the most effective way for young players to develop and improve their skating and hockey skills. Cross ice offers:

- More Puck Touches
- More Scoring Chances
- More Skill Development
- More Playing Time

EGRAHA participates in local cross ice jamborees throughout the season.

Cross Ice starts Wednesday October 7th at 5 p.m. at Jolly Roger Ice Club. The regular season schedule is as follows:

- Cross Ice – every Wednesday 5 – 6 p.m.
- Cross Ice - every Saturday 9 – 10 a.m.
- Cross Ice also has Dryland (off-ice) instruction Saturday 10-11 a.m.

Cost is \$725

Registration information is available at www.EGRAHA.org

Paul Gage, Cross-Ice Coach at (616) 856-0458,
pgage38873@aol.com

Kevin VanSchepen, Cross-Ice Coach at (616) 893-5898,
kevin@alumni.calvin.edu



EGRAHA is a youth hockey association that serves the local community with fun and competitive ice hockey programs.
EGRAHA operates as a 501© 3 non-profit organization.